

Knock, Knock

Judge favorably

In reference to "Truth or Consequences,"
Issue 426

Dear Editor:

Wow! What a powerful message the story "Knock, Knock" taught us! We must always judge people favorably because we never really know what's going on behind closed doors. It reminded me of something that I experienced a couple of years ago. My very, very close friend got married (I was still single at the time), and right after her wedding she just dropped me. She ignored all my calls and texts, and when I met her on the street, she just crossed to the other side, as if I were going to attack her at any moment. Needless to say, I was hurt and angry. I missed her terribly and couldn't understand why she was acting like that.

Until one day she called me and asked me if I could meet her at a farm next to her house. I was confused but decided to go. When I arrived, she was smiling broadly and told me she was separated; all that time, it was her husband who had forbidden her to talk to her friends! She had been trapped in an abusive marriage, and I was just thinking about myself! *Never, ever* judge anyone and don't hold grudges, because we never know what's happening behind closed doors.

Thank you for raising awareness.

Lannie

Alienated Parent

Whose daughter thinks she is unstable

In reference to Letters, Issue 426

Dear Editor:

To the Alienator: With much interest, I read your letter to *Ami* requesting a support group for the alienators. In many ways, it spoke directly to me. You see, I too am an alienated parent whose daughter is convinced that I am unstable.

Of course, it is possible that true mental illness does exist in your situation. This would be a very difficult situation, and you definitely have my sympathies. Sadly, though, far too many children are alienated today from loving and devoted parents and grandparents as a result of being influenced by a third party.

As an alienator, I respect that you mean well and wish to protect family members. However, the image presented to you that looks like instability is often a normal reaction to abnormal circumstances. What appears very real may actually be evidence that was fabricated to make a parent look unstable.

It may interest you to read the true story of a loving wife and mother who was rendered dysfunctional by a psychological game and lost her children in the process. Please visit the website www.parentalalienation613.com and read "Turning the Tables" under "Our Stories."

I sincerely hope that reading this story will be an eye-opener for many alienators and alienated children and enable them to see

their parent or grandparent in a new light
With hope for a better tomorrow,

A Grieving Mother

Painful Marriage

Seek help!

In reference to "Truth or Consequences,"
Issue 427

Dear Editor:

First, thank you for a wonderful, informative publication. I am continuously impressed by your dedication in bringing current topics to the forefront in a non judgmental and honest way.

This week's article in "Truth or Consequences" left me feeling raw and vulnerable. Although this woman writes about how she has made peace with her past, I wonder how many people these days are living in similar conditions. I would like to reiterate the nowadays it is unnecessary to go through all that pain. We have wonderful therapist-good psychiatrists, and well-trained psychologists who can offer lots of support and help. One just needs to believe that things can and should be better. And if one therapist doesn't offer you the relief you seek, keep looking! No one should have to get to the point where he or she feels the need to forgive and excuse this kind of suffering.

May every Jew find the correct *shaliach* and end the suffering, silent or otherwise

E. T.



Summer is
in the air